

PSHE Long-Term Plan 2023-24



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
EYFS		What makes my family unique?	How can I stay healthy?	How can I keep myself clean?	How can I be responsible?	How can I be kind?
Year 1/2		What helps us to grow and stay healthy?	How can I keep myself safe?	Where does money come from?	What does a positive relationship look like?	How will I change?
Year 3/4		How do we treat each other with respect?	Why should we eat well and protect our teeth?	What is a drug?	How can we positively live in the wider world?	How will I change?
Year 5/6		How does the media influence me?	How can drugs affect everyday life?	How can I build reltionships with my friends?	What is Mental Health?	How will I change?



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Health and Wellbeing	Relationships	Living in the Wider	
		World	