



PSHE AND RSE Progression of Vocabulary

Skill/Topic Area	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Relationships	myself, being gentle, falling out	parents, brothers/sisters, love, worries, telling, private, touching, permission, sharing, kind/unkind, behaviour, polite, safe, unsafe, consequences, rewards, physical contact, preferences	honesty, listening, arguments, lonely, unhappy, secrets, pressure, hope, fair, choices, boundaries, trust, appreciation	different/diverse families, single parents, same-sex parents, step-parents, blended families, foster and adoptive support, stability, time together, encouragement, privacy, hurtful, self-respect, self worth, positivity, perspectives, roles, negotiation, impact, family conflict, child-centred	teasing, confidence, race, faith, values, shared likes/interests, peer pressure/influence, jealousy, memories, inner strength, assertiveness	included, peer approval, assertive communication, resolve disputes, physical touch, unwanted, unacceptable, treated equally, traditions, beliefs, discrimination, sexism, racism, homophobia, trolling, self-recognition, self-esteem,	loving, sexual orientation, relationship, commitment, marriage, civil partnership, positive role model, control, power, empathy
Living in the wider world.	talents, standing up	recycling, environment, internet,	groups, factual,	passwords, goals, laws, human rights,	democracy, motivation, class citizen, voice,	aspirations, national citizenship,	global citizenship, Children's

	for myself, perseverance,	communicate, online, safety, strengths, interests, success, achievement, learning styles, overcoming obstacles, income, savings, needs, wants, limits, cashpoint, priority	entertainment, false, money, spending, saving, paying, needing and wanting, assumptions, realistic, co-operation	accurate information, adapted/ edited images, reliable choices, appropriate searches, myths, skills, compliments, solutions, ambitions, enthusiasm, budgeting, offline safety	individuals, volunteer, digital footprint, information, advertising, spending, cards, cash, E payment, judgement, influence, impressions, disappointment, overcoming, resilience	vote, participation, online communities, gaming, gambling, protection, media influence, fact, opinion, bias, reliable, suspicious, career, cultural diversity, inclusion, rumours, material wealth, respecting culture, financial success, longterm, charity	Universal Rights, group dynamics, anti-social behaviour, prejudice, communication, fake, restrictions, manipulate, inappropriate, value for money, critical consumer, debt, fraud, finance, perceptions of normality, disability, exclusion, success criteria, recognition, evaluating
Health and Wellbeing	exercise, healthy food, physical activity, sleep, bodies, respecting my	healthy, hygiene, unhealthy, sun safety, unique, medicine, medication,	gender, gender diversity, physical health, mental health, dental	healthy choices, balanced diet, positive and negative feelings, setbacks,	love / loss, girlfriend, boyfriend, appearance, acceptance, healthy	benefits, diseases, allergies, vaccination, immunity, identity,	sources of support, mental well-being, strategies, conflicting

	body, fun, growth	road safety, life cycles (animal/human), male, female, changes	health, mood, rail safety, water safety, emergency, relaxation, nutrition, lifestyle, life cycle (plants), young, old, independence	hazards, fire safety, food labelling, internal, external, needs	lifestyle, illness, puberty, menstruation, erection, wet dreams, drugs, side effects, habits, advice, smoking, alcohol, accepting body changes, transition, having a baby, period	individuality, well-being, unsafe, injury, female genital mutilation, vaping, body image, self-image,	feelings, grief, intercourse, pregnancy, sperm, egg, womb, fertilize, illegal/ legal, report, personal responsibility, managing stress, substances, exploitation, county lines/gangs, physical attraction, consent, sexting, erection, periods,FGM
General whole - school terms	belonging, bullying, care, celebrations, challenges, clean, community, conflict, differences, families, family life, fears, friends, friendship, goals, helpful, home, jobs, managing feelings, respect, responsibilities, rights, risks, rules, similarities, special, stereotypes, valuing contributions, witness. Body parts- Breasts, nipples, anus, vagina, penis, testicles.						

Additional opportunities to opportunities to reinforce vocabulary through our links and experiences to explore RSHE, Internet Safety, Science, School Values, British Values, RE and Assembly themes.

